

# Medway Championships Gala 5

## 1<sup>st</sup> October 2011

Congratulations to all those swimmers who took part in the fifth Medway gala at Medway Park especially Zac Cotton, Tariq Shahabdeen and Nick Rowe who won gold, Siobhan Sinclair-Strong and Jake Stephenson gaining silver and Laura Clark and Nelson Sinclair-Strong with bronze. Superb result from the participants in the Maples Relay team who swam above their age groups and took silver and well done to all those who achieved superb PBs (nearly everyone) and finals.

<p><b>Open 100m IM – Senior</b>  <b>Men</b>            Nick Rowe 1<sup>st</sup> 1.05.69</p> <p><b>Open 100m IM – Junior</b>  <b>Men</b>            Tom Whiley 1.24.10</p> <p><b>Women</b>            Laura Clark 1.24.19 PB</p> <p><b>Open 100m Freestyle - Senior</b>  <b>Men</b>            Daniel Wicks 1.04.43 PB</p> <p><b>Open 100m Freestyle - Junior</b>  <b>Women</b>            Laura Clark 1.10.81 PB</p> <p><b>10 Years 50m Breaststroke</b>  <b>Boys</b>            Zac Cotton 1<sup>st</sup> 46.62 PB            Jack Rustrick 6<sup>th</sup> 53.99 PB</p> <p><b>Girls</b>            Hannah Marriott 5<sup>th</sup> 51.60 PB            Katie Knight 6<sup>th</sup> 51.77 PB            Victoria Watts 59.71 PB</p> <p><b>11 Years 100m IM</b>  <b>Boys</b>            Zach Catterall 4<sup>th</sup> 1.32.57 PB            Joseph Hardy 1.48.62 PB            Ronan Measor 1.50.73 PB            Mark Wignall 150.94 PB</p>	<p><b>12 Years 100m Breaststroke</b>  <b>Boys</b>            Jake Stephenson 2<sup>nd</sup> 1.36.37 PB</p> <p><b>Girls</b>            Siobhan Sinclair-Strong 2<sup>nd</sup> 1.28.63 PB            Rianna Cripps 6<sup>th</sup> 1.37.77 PB            Jessica Holder 1.40.54 PB</p> <p><b>13 Years 100m Freestyle</b>  <b>Boys</b>            Tariq Shahabdeen 1<sup>st</sup> 1.04.94 PB            Tom Whiley 5<sup>th</sup> 1.12.08</p> <p><b>Girls</b>            Emma Rustrick 1.14.94 PB            Isobel Wignall 1.18.90 PB            Claire Stevens 1.24.34 PB</p> <p><b>14 Years 100m Backstroke</b>  <b>Boys</b>            Nelson Sinclair-Strong 3<sup>rd</sup> 1.15.78 PB            Thomas Wicks 1.24.28 PB            Sam Hardy 1.33.84 PB</p> <p><b>15 Years 100m Butterfly</b>  <b>Girls</b>            Laura Clark 3<sup>rd</sup> 1.29.17 PB</p>
<p><b>EG Maples Mixed Memorial Relay 16 x 25m</b> Larkfield 2<sup>nd</sup> 4.20.90</p> <p><b>Girls</b> – Hannah Marriott, Katie Knight, Siobhan S-Strong, Emma Rustrick, Claire Stevens, Rianna Cripps, Isobel Wignall, Laura Clark</p> <p><b>Boys</b> – Zac Cotton, Zach Catterall, Daniel Blades, Tom Whiley, Sam Hardy, Tariq Shahabdeen, Nelson Sinclair-Strong, Daniel Wicks</p>	