

# Medway Championships Gala 5

## 2<sup>nd</sup> October 2010

Congratulations to all those swimmers who took part in the fifth Medway gala at Medway Park especially Nick Rowe who won two golds and a silver, Toby Sparkes with silver and bronze medals to Bradley Brooker, Daniel Honour, Megan Fuller and the Maples Relay team and all those who achieved superb PBs (nearly everyone) and finals.

<p><b>Open 100m IM – Senior</b>  <b>Men</b>            Nick Rowe 1<sup>st</sup> 1.05.85</p> <p><b>Open 100m IM – Junior</b>  <b>Men</b>            Nelson Sinclair-Strong 1.19.96 PB            Tariq Shahabdeen 1.22.74 PB</p> <p><b>Women</b>            Megan Fuller 1.29.16</p> <p><b>Open 100m Freestyle - Senior</b>  <b>Men</b>            Nick Rowe 2<sup>nd</sup> 58.57            Daniel Wicks 1.07.13 PB</p> <p><b>Open 200m Freestyle – Junior</b>  <b>Men</b>            James Bell 1.05.38            Tom Whiley 1.16.52</p> <p><b>10 Years 50m Breaststroke</b>  <b>Boys</b>            Joseph Hardy 5<sup>th</sup> 55.41 PB</p> <p><b>Girls</b>            Rachel Sparkes 5<sup>th</sup> 50.25 PB</p> <p><b>11 Years 100m IM</b>  <b>Boys</b>            Jake Stephenson 1.30.67 PB            Alfie Newmarch 1.42.27 PB</p> <p><b>Girls</b>            Siobhan Sinclair-Strong 1.32.42 PB            Hannah Kemp 1.36.39 PB            Saffron McCullough 1.39.36 PB            Francesca De-Knop 1.40.19 PB            Hannah Smith 1.55.32 PB</p>	<p><b>12 Years 100m Breaststroke</b>  <b>Boys</b>            Bradley Brooker 3<sup>rd</sup> 1.39.19 PB            Tom Whiley 4<sup>th</sup> 1.43.22 PB</p> <p><b>Girls</b>            Emma Rustrick 4<sup>th</sup> 1.38.57 PB</p> <p><b>13 Years 100m Freestyle</b>  <b>Boys</b>            Nelson Sinclair-Strong 4<sup>th</sup> 1.07.99 PB            Sam Hardy 1.18.72 PB            Thomas Wicks 1.21.02 PB</p> <p><b>Girls</b>            Abigail Rose 1.13.22            Robyn Stephenson 1.15.06 PB</p> <p><b>14 Years 100m Backstroke</b>  <b>Boys</b>            Daniel Honour 3<sup>rd</sup> 1.14.37            Simon Waterworth 4<sup>th</sup> 1.20.58 PB</p> <p><b>Girls</b>            Gemma Stevens 1.28.04 PB</p> <p><b>15 Years 100m Butterfly</b>  <b>Boys</b>            Toby Sparkes 2<sup>nd</sup> 1.09.97 PB            James Bell 4<sup>th</sup> 1.11.28 PB</p> <p><b>Girls</b>            Megan Fuller 3<sup>rd</sup> 1.28.79</p> <p><b>19/24 Years 50m Breaststroke</b>  <b>Mens</b>            Nick Rowe 1<sup>st</sup> 34.81</p>
<p><b>EG Maples Mixed Memorial Relay 16 x 25m</b> Larkfield 3<sup>rd</sup> 3.58.42</p> <p><b>Girls</b> – Rachel Sparkes, Saffron McCullough, Siobhan S-Strong, Emma Rustrick, Abigail Rose, Robyn Stephenson, Gemma Stevens, Megan Fuller</p> <p><b>Boys</b> – Zac Catterall, Jake Stephenson, Tariq Shahabdeen, Nelson Sinclair-Strong, Daniel Honour, Toby Sparkes, James Bell, Nick Rowe</p>	