

## Medway Championships Gala 3

### 15<sup>th</sup> May 2010

Congratulations to all those swimmers who took part in the third Medway gala at the Black Lion especially Toby Sparkes who medalled twice in the Open Breaststroke and gained bronze in his age group Backstroke, Tariq Shahabdeen for silver and Tom Whiley with bronze 100m IM and all those who achieved superb PBs (nearly everyone) and finals.

<p><b>Open 100m Breaststroke – Senior Men</b> George Whiley 10<sup>th</sup> 1.24.58 PB</p> <p><b>Open 100m Breaststroke – Junior Men</b> Toby Sparkes 4<sup>th</sup> (6<sup>th</sup> Open) 1.20.13</p> <p><b>Open 200m Freestyle - Senior Men</b> George Whiley 8<sup>th</sup> 2.17.48</p> <p><b>Open 200m Freestyle – Junior Men</b> James Bell 7<sup>th</sup> 2.22.13 PB</p> <p><b>10 Years 50m Freestyle Boys</b> Zach Catterall 38.69 PB Joseph Hardy 48.23 PB</p> <p><b>Girls</b> Rachel Sparkes 42.49 PB</p> <p><b>11 Years 50m Butterfly Boys</b> Daniel Blades 45.26 PB Alfie Newmarch 47.15 PB</p> <p><b>Girls</b> Siobhan Sinclair-Strong 42.66 PB Hannah Kemp 47.90 PB Hannah Smith 52.92 PB</p>	<p><b>12 Years 100m Individual Medley Boys</b> Tariq Shahabdeen 2<sup>nd</sup> 1.23.20 PB Tom Whiley 3<sup>rd</sup> 1.28.20 PB Fraser Cornwell 1.46.31 PB</p> <p><b>Girls</b> Emma Rustrick 1.28.68 PB</p> <p><b>13 Years 100m Backstroke Boys</b> Nelson Sinclair-Strong 6<sup>th</sup> 1.20.58 PB Sam Hardy 1.38.97 PB</p> <p><b>Girls</b> Abigail Rose 1.24.97 PB Jessica Sparkes 1.41.60 PB</p> <p><b>15 Years 100m Backstroke Boys</b> Toby Sparkes 3<sup>rd</sup> 1.10.86 James Bell 6<sup>th</sup> 1.16.49 PB</p> <p><b>Girls</b> Zoe Hardie 6<sup>th</sup> 1.38.11</p>
<p><b>10/11 Jim Parnell 4x25m Relay</b> <b>Girls</b> – Hannah Smith, Hannah Kemp, Rachel Sparkes, Siobhan S-Strong 4<sup>th</sup> 1.14.23 <b>Boys</b> – Joseph Hardy, Daniel Blades, Zac Catterall, Alfie Newmarch 5<sup>th</sup> 1.15.44</p>	